

# SHOTS FROM SEMINAR AND TRADE SHOW MIXER

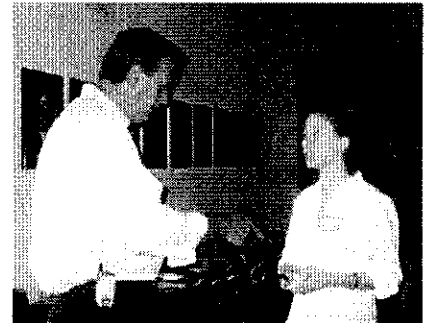


Seminar attendees filled the city council chambers to learn how to *Make your Network Part of your Network*



Melissa Shultz was the featured speaker at the Chamber's first seminar for the year as she presented *How to Make your Network Part of your Net Worth*.

Dave Sikich (*Atlas Disposal*) and Dawn Howerton (*William L. Walker Law Office*) participate in a small group practice on networking techniques at the seminar.



Chamber members and members of the community enjoy networking and visiting with exhibitors at the annual Lunchtime Trade Show Mixer.



Graphic artist Mike Meserve, owner of Meserve Graphics &

Design, Patrick Ward of Merrill Gardens at Citrus Heights, Diane Pleines, business officer with Roseville Bank of Commerce and Brenda Pennington with the Tax & Financial Center practice their 30-second introductions at the seminar.




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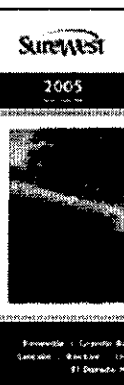
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# CITY PAGES



## City of Citrus Heights

### Transportation Guide

- Discover the advantages of taking public transit. It's an economical, convenient way to get around town.
- Whether traveling to work or shopping, this Web page will provide you with everything you need to know about riding RT...Getting around Citrus Heights has never been so easy.

**On This Page**[How to Ride](#)[Trip Planning](#)[Transportation Options](#)[Mobility Training](#)[Citrus Heights Routes](#)[Transit Centers](#)[Passes & Fares](#)[Senior/Disabled Services](#)[Destination Guide](#)**How to Ride Guide:**

Interested in taking public transit, but don't know how to get started? The How to Ride Guide will help direct you in six simple steps.

**Trip Planning Assistance:**[Back to top](#)

RT's customer service representatives will provide you with everything you need to know to reach your destination of interest...what bus route to take, time of departure, how to transfer and what the fare will cost you.

**Transportation Options:**









RT is pleased to offer a variety of transportation options to make travel throughout Citrus Heights simple, affordable and relaxing. The Transportation Options guide has been created to help you understand the public transportation alternatives that are available in Citrus Heights and to assist you with selecting the one that best suits your needs.

**Mobility Training Program:**




Mobility training is a free one-on-one or group training program that provides assistance to people learning to ride RT's bus and light rail system. Mobility training is meant to aid people in developing the confidence necessary to travel independently.

**Routes Serving Citrus Heights:**[Back to top](#)

Please click on the route number to view the current schedule and map.



-  [1](#) - GREENBACK (Sunrise - Watt/I-80 - McClellan)
-  [21](#) - SUNRISE
-  [23](#) - EL CAMINO (Citrus Heights - Arden/Del Paso)
-  [24](#) - MADISON - GREENBACK (Orangevale - Sunrise Mall)
-  [25](#) - MARCONI (Sunrise Mall - Arden/Del Paso)
-  [28](#) - FAIR OAKS - FOLSOM (Sunrise Mall - Mather Mills - Butterfield)
-  [91](#) - CITRUS HEIGHTS - SUNRISE (Sunrise LR - Louis/Orlando)
-  [93](#) - HILLSDALE (Citrus Heights - Hillside - Watt/I-80)

#### **Express Routes (Peak Hour Service Only):**

-  [105](#) - MADISON (Sunrise Mall - Watt/I-80) [Back to top](#)
-  [106](#) - MADISON EXPRESS (Orangevale - Citrus Heights - Watt/I-80)
-  [107](#) - GREENBACK EXPRESS (Orangevale - Citrus Heights - Watt/I-80)

#### ***The Neighborhood Ride Shuttles* (Intracity Routes):**

The Neighborhood Ride shuttles are smaller buses (approximately 35 feet or less in length) designed to offer more transit options to residents of Citrus Heights. Shuttle fare is an economical 50 cents per trip with an additional charge of 50 cents for a route deviation (shuttles may "deviate" or travel off route up to ¾ mile to pick up and drop off seniors and disabled passengers who make advance reservations). *Lifetime Pass holders (age 75+) ride free.*

-  [94](#) - CITRUS HEIGHTS - MERCY SAN JUAN (Citrus Heights - Auburn Blvd.) **TNR**
-  [95](#) - CITRUS HEIGHTS - ANTELOPE (Citrus Heights - Antelope Rd.) **TNR**

#### **RT System Map:**

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#### **Transit Centers:**

This is the meeting point in Citrus Heights for several RT bus routes where passengers can interchange from one route to another.

Auburn/Whyte

Sunrise Mall      [1](#), [23](#), [24](#), [25](#), [28](#), [91](#), [94](#), [95](#), [105](#), [106](#), [107](#)

#### **Passes, Fares & Transfers:**

#### **Senior/Disabled Services:**

#### **Citrus Heights Destinations:**

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*Click on category name to jump to list*

Family AttractionsHospitals & Medical FacilitiesLibrariesMobile Home ParksMovie TheatersParks & RecreationSchoolsSenior ResidencesShopping Centers**Hospitals & Medical Facilities**

Mercy San Juan Hospital & Medical Offices,  
Coyle and Milburn  
10, 25, 94, 105

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**Parks and Recreation**

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Crosswoods Community Park, 6742 Auburn  
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Sunrise Elementary, 7322 Sunrise Blvd.  
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Children's Learning Center, 7312 Antelope  
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Citrus Heights Elementary, 7085 Auburn  
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Arlington Heights Elementary, 6401 Trenton

**Family Attractions**

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Sunrise Rollerland, 6001 Sunrise Vista Dr.  
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UA Sunrise Mall, 5926 Sunrise Mall  
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Tempo Park, 13125 Fair Oaks Blvd.  
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Valley Oak Academy, 7730 Antelope Rd.  
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Huntington Learning Center, 8091 Greenback  
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Math Masters, 8040 Greenback Ln.  
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Creative Frontiers School, 6446 Sylvan Rd.  
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St. Mark's Lutheran School, 7869 Kingswood  
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Wy.  
93

EBM Business Center, 6024 San Jan Ave.  
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Wellspring School, 7233 Sunrise Blvd.  
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### **Senior Residences**

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Antelope Manor, 7764 Poplar Ave.  
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Citrus Heights Terrace, 7952 Old Auburn  
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Sun Oak Villa, 7241 Canelo Hills Dr.  
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### **Mobile Home Parks**

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**Sacramento Regional Transit District**



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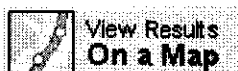
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Citrus Heights, CA 95621-4700

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**General Info:** Board Cert. Ophthalmology

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#### Meister Eye & Laser Center A Medical Group Inc

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**General Info:** Free Consultation, Board Cert. Ophthalmology, [more...](#)

**Business Types:** Hospitals, Physicians & Surgeons-Ophthalmology, [more...](#)

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6401 Trenton Way, Citrus Heights, CA 95621Phone: (916) 971-5234  
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5555 Fleetwood Dr., Citrus Heights, CA 95621Phone: (916) 867-2000  
Level: KG,1,2,3,4,5,6[Cameron Ranch Elementary School](#) [see parent reviews](#)  
4333 Hackberry Lane, Carmichael, CA 95608Phone: (916) 575-2302  
Level: KG,1,2,3,4,5,6[Carmichael Elementary School](#) [see parent reviews](#)  
6141 Sutter Ave., Carmichael, CA 95608Phone: (916) 971-5727  
Level: KG,1,2,3,4,5,6[Carriage Drive Elementary School](#) [see parent reviews](#)  
7519 Carriage Dr., Citrus Heights, CA 95621Phone: (916) 971-5241  
Level: KG,1,2,3,4,5,6[Citrus Heights Elementary School](#) [see parent reviews](#)  
7085 Auburn Blvd., Citrus Heights, CA 95621Phone: (916) 971-5230  
Level: KG,1,2,3,4,5,6[Coleman \(Thomas\) Elementary School](#) [see parent reviews](#)  
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Coyle Avenue Elementary School [see parent reviews](#)  
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Phone: (916) 867-2012  
Level: KG,1,2,3,4,5,6

Creekside Elementary School [see parent reviews](#)  
2641 Kent Dr., Sacramento, CA 95821

Phone: (916) 575-2317  
Level: KG,1,2,3,4,5,6

Del Dayo Elementary School [see parent reviews](#)  
1301 McClaren Dr., Carmichael, CA 95608

Phone: (916) 575-2323  
Level: KG,1,2,3,4,5,6

Del Paso Manor Elementary School [see parent reviews](#)  
2700 Maryal Dr., Sacramento, CA 95821

Phone: (916) 575-2330  
Level: KG,1,2,3,4,5,6

Deterding (Mary) Elementary (Charter) [see parent reviews](#)  
6000 Stanley Ave., Carmichael, CA 95608

Phone: (916) 575-2341  
Level: KG,1,2,3,4,5,6

Dewey (Harry) Fundamental [see parent reviews](#)  
7025 Falcon Road, Fair Oaks, CA 95628

Phone: (916) 867-2020  
Level: KG,1,2,3,4,5,6

Dyer-Kelly Elementary School [see parent reviews](#)  
2236 Edison Ave., Sacramento, CA 95821

Phone: (916) 566-2150  
Level: KG,1,2,3,4,5

Edison (Thomas) [rate this school](#)  
1500 Dom Way, Sacramento, CA 95864

Phone: (916) 575-2342  
Level: KG,1,2,3,4,5,6

El Sereno Alternative Educ. (Altern.) [rate this school](#)  
8301 Madison Ave., Fair Oaks, CA 95628

Phone: (916) 971-5066  
Level: 5,6,7,8,9,10,11,12

Fair Oaks Elementary School [see parent reviews](#)  
10700 Fair Oaks Blvd., Fair Oaks, CA 95628

Phone: (916) 867-2029  
Level: KG,1,2,3,4,5,6

Garfield Elementary School [see parent reviews](#)  
3700 Garfield Ave., Carmichael, CA 95608

Phone: (916) 575-2349  
Level: KG,1,2,3,4,5,6

Gold River Elementary School [see parent reviews](#)  
2200 Roaring Camp Dr., Gold River, CA 95670

Phone: (916) 867-2109  
Level: KG,1,2,3,4,5,6

Grand Oaks Elementary School [see parent reviews](#)  
7901 Rosswood Dr., Citrus Heights, CA 95621

Phone: (916) 971-5208  
Level: KG,1,2,3,4,5,6

Green Oaks Fundamental (Elementary) [see parent reviews](#)  
7145 Filbert Ave., Orangevale, CA 95662

Phone: (916) 986-2209  
Level: KG,1,2,3,4,5,6

Greer Elementary School [rate this school](#)  
2301 Hurley Way, Sacramento, CA 95825

Phone: (916) 566-2157  
Level: KG,1,2,3,4,5,6

Holst (John) Elementary School [see parent reviews](#)  
4501 Bannister Ave., Fair Oaks, CA 95628

Phone: (916) 867-2035  
Level: KG,1,2,3,4,5,6

Howe Avenue Elementary School [rate this school](#)  
2404 Howe Ave., Sacramento, CA 95825

Phone: (916) 566-2165  
Level: KG,1,2,3,4,5

Kelly (Thomas) Elementary School [see parent reviews](#)  
6301 Moraga Dr., Carmichael, CA 95608

Phone: (916) 867-2041  
Level: KG,1,2,3,4,5,6

Kenneth Avenue Elementary School [rate this school](#)  
4825 Kenneth Ave., Carmichael, CA 95608

Phone: (916) 971-7578  
Level: KG,1,2,3,4,5,6

Kingswood Elementary School [see parent reviews](#)  
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Phone: (916) 867-2054  
Level: KG,1,2,3,4,5,6

**Lichen Elementary School** [rate this school](#)  
8319 Lichen Dr., Citrus Heights, CA 95621

Phone: (916) 971-5237  
Level: KG,1,2,3,4,5,6

**Littlejohn (Leighton) Elementary School** [see parent reviews](#)  
6838 Kermit Lane, Fair Oaks, CA 95628

Phone: (916) 867-2059  
Level: KG,1,2,3,4,5,6

**Mariemont Elementary School** [see parent reviews](#)  
1401 Corta Way, Sacramento, CA 95864

Phone: (916) 575-2360  
Level: KG,1,2,3,4,5,6

**Mariposa Avenue Elementary School** [see parent reviews](#)  
7940 Mariposa Ave., Citrus Heights, CA 95610

Phone: (916) 971-5212  
Level: KG,1,2,3,4,5,6

**Marshall (Marvin) Children's Center (Elementary)** [rate this school](#)  
5309 Kenneth Ave., Carmichael, CA 95608

Phone: N/A  
Level: KG,1

**Mission Avenue Elementary School** [see parent reviews](#)  
2925 Mission Ave., Carmichael, CA 95608

Phone: (916) 575-2362  
Level: KG,1,2,3,4,5,6

**Mitchell (Billy) Elementary School** [see parent reviews](#)  
4425 Laurelwood Way, Sacramento, CA 95864

Phone: (916) 575-2366  
Level: KG,1,2,3,4,5,6

**Northridge** [rate this school](#)  
5150 Cocoa Palm Way, Fair Oaks, CA 95628

Phone: (916) 867-2066  
Level: KG,1,2,3,4,5,6

**Oakview Elementary School** [rate this school](#)  
7229 Beech Ave., Orangevale, CA 95662

Phone: (916) 986-2215  
Level: KG,1,2,3,4,5,6

**Orangevale Open Elementary School** [see parent reviews](#)  
6550 Filbert Ave., Orangevale, CA 95662

Phone: (916) 986-2220  
Level: KG,1,2,3,4,5,6,7,8

**Ottomon Way Elementary School** [rate this school](#)  
9460 Ottomon Way, Orangevale, CA 95662

Phone: (916) 986-2228  
Level: KG,1,2,3,4,5,6

**Pasadena Avenue Elementary School** [see parent reviews](#)  
4330 Pasadena Ave., Sacramento, CA 95821

Phone: (916) 575-2373  
Level: KG,1,2,3,4,5,6

**Peck (Charles) Elementary School** [rate this school](#)  
6230 Rutland Dr., Carmichael, CA 95608

Phone: (916) 867-2071  
Level: KG,1,2,3,4,5,6

**Pershing Elementary School** [see parent reviews](#)  
9010 Pershing Ave., Orangevale, CA 95662

Phone: (916) 867-2076  
Level: KG,1,2,3,4,5,6

**Richardson (Ralph) Center** [rate this school](#)  
4848 Cottage Way, Carmichael, CA 95608

Phone: N/A  
Level: KG,1,2,3,4,5,6,7,8,9,10,11

**Roberts Elementary School** [see parent reviews](#)  
5630 Illinois Ave., Fair Oaks, CA 95628

Phone: (916) 867-2082  
Level: KG,1,2,3,4,5,6

**Ruff (Laurel) Center** [rate this school](#)  
5325 Garfield, Sacramento, CA 95841

Phone: N/A  
Level: KG,1,2,3,4,5,6,7,8,9,10,11

**Schweitzer (Albert) Elementary School** [see parent reviews](#)  
4350 Glenridge Dr., Carmichael, CA 95608

Phone: (916) 867-2094  
Level: KG,1,2,3,4,5,6

**Sierra Oaks Elementary School** [see parent reviews](#)  
171 Mills Road, Sacramento, CA 95864

Phone: (916) 575-2390  
Level: KG,1,2,3,4,5

**Skycrest Elementary School** [see parent reviews](#)  
5641 Mariposa Ave., Citrus Heights, CA 95610

Phone: (916) 867-2098  
Level: KG,1,2,3,4,5,6



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[Starr King Elementary School](#) [see parent reviews](#)  
 4848 Cottage Way, Carmichael, CA 95608

Phone: (916) 971-7318  
 Level: KG,1,2,3,4,5

[Sunrise Elementary School](#) [see parent reviews](#)  
 7322 Sunrise Blvd., Citrus Heights, CA 95610

Phone: (916) 971-5220  
 Level: KG,1,2,3,4,5,6

[Trajan Elementary School](#) [see parent reviews](#)  
 6601 Trajan Dr., Orangevale, CA 95662

Phone: (916) 971-5200  
 Level: KG,1,2,3,4,5,6

[Twin Lakes Elementary School](#) [see parent reviews](#)  
 5515 Main Ave., Orangevale, CA 95662

Phone: (916) 986-2243  
 Level: KG,1,2,3,4,5,6

[Valley Oaks](#) [rate this school](#)  
 3555 Auburn Blvd., Sacramento, CA 95821

Phone: (916) 482-7757  
 Level: KG,1,2,3,4,5,6,7,8,9,10,11

[Visions In Education](#) [see parent reviews](#)  
 4800 Manzanita Ave., Carmichael, CA 95608

Phone: (916) 971-7037  
 Level: KG,1,2,3,4,5,6,7,8,9,10,11

[Whitney Avenue Elementary School](#) [see parent reviews](#)  
 4248 Whitney Ave., Sacramento, CA 95821

Phone: (916) 575-2407  
 Level: KG,1,2,3,4,5,6

[Woodside Elementary School](#) [see parent reviews](#)  
 8248 Villa Oak Dr., Citrus Heights, CA 95610

Phone: (916) 971-5216  
 Level: KG,1,2,3,4,5,6

## Middle Schools

[Save to My School List](#)

[Arcade Middle School](#) [see parent reviews](#)  
 3500 Edison Ave., Sacramento, CA 95821

Phone: (916) 971-7300  
 Level: 6,7,8

[Arden Middle School](#) [see parent reviews](#)  
 1640 Watt Ave., Sacramento, CA 95864

Phone: (916) 971-7306  
 Level: 6,7,8

[Barrett \(John\) Middle School](#) [see parent reviews](#)  
 4243 Barrett Road, Carmichael, CA 95608

Phone: (916) 971-7842  
 Level: 6,7,8

[Carnegie \(Andrew\) Middle School](#) [see parent reviews](#)  
 5820 Illinois Ave., Orangevale, CA 95662

Phone: (916) 971-7853  
 Level: 7,8

[Churchill \(Winston\) Middle School](#) [see parent reviews](#)  
 4900 Whitney Ave., Carmichael, CA 95608

Phone: (916) 971-7324  
 Level: 6,7,8

[El Sereno Alternative Educ. \(Altern.\)](#) [rate this school](#)  
 8301 Madison Ave., Fair Oaks, CA 95628

Phone: (916) 971-5066  
 Level: 5,6,7,8,9,10,11,12

[La Vista Center](#) [rate this school](#)  
 9601 Lake Natoma Drive, Orangevale, CA 95662

Phone: (916) 986-2269  
 Level: 7,8,9,10,11,12

[Options For Youth-San Juan Charter School](#) [rate this school](#)  
 6110 Fair Oaks Blvd., Suite E, Carmichael, CA 95608

Phone: (916) 485-5484  
 Level: 7,8,9,10,11,12

[Orangevale Open Elementary School](#) [see parent reviews](#)  
 6550 Filbert Ave., Orangevale, CA 95662

Phone: (916) 986-2220  
 Level: KG,1,2,3,4,5,6,7,8

[Pasteur \(Louis\) Fundamental Middle School](#) [see parent reviews](#)  
 8935 Elm Ave., Orangevale, CA 95662

Phone: (916) 971-7891  
 Level: 7,8

[Richardson \(Ralph\) Center](#) [rate this school](#)  
 4848 Cottage Way, Carmichael, CA 95608

Phone: N/A  
 Level: KG,1,2,3,4,5,6,7,8,9,10,11

[Rogers \(Will\) Middle School](#) [see parent reviews](#)

Phone: (916) 971-7889  
 Level: 7,8


4924 Dewey Dr., Fair Oaks, CA 95628

Ruff (Laurel) Center   
5325 Garfield, Sacramento, CA 95841


Phone: N/A  
Level: KG,1,2,3,4,5,6,7,8,9,10,11

Salk (Jonas) Altern. Middle School   
2950 Hurley Way, Sacramento, CA 95864

Phone: (916) 971-7312  
Level: 6,7,8

San Juan Choices Charter School   
2220 Watt Ave. Bldg. C, Carmichael, CA 95608

Phone: (916) 575-1935  
Level: 7,8,9,10,11,12

Starr King Middle School   
4848 Cottage Way, Carmichael, CA 95608


Phone: (916) 971-7320  
Level: 6,7,8

Sylvan Middle School   
7137 Auburn Blvd., Citrus Heights, CA 95610

Phone: (916) 971-7873  
Level: 7,8

Valley Oaks   
3555 Auburn Blvd., Sacramento, CA 95821

Phone: (916) 482-7757  
Level: KG,1,2,3,4,5,6,7,8,9,10,11

Visions In Education   
4800 Manzanita Ave., Carmichael, CA 95608

Phone: (916) 971-7037  
Level: KG,1,2,3,4,5,6,7,8,9,10,11

## High Schools




Bella Vista High School   
8301 Madison Ave., Fair Oaks, CA 95628


Phone: (916) 971-5052  
Level: 9,10,11,12

Casa Roble Fundamental High School   
9151 Oak Ave., Orangevale, CA 95662


Phone: (916) 971-5452  
Level: 9,10,11,12

Del Campo High School   
4925 Dewey Dr., Fair Oaks, CA 95628

Phone: (916) 971-5664  
Level: 9,10,11,12

El Camino Fundamental High School   
4300 El Camino Ave., Sacramento, CA 95821

Phone: (916) 971-7430  
Level: 9,10,11,12

El Sereno Alternative Educ. (Altern.)   
8301 Madison Ave., Fair Oaks, CA 95628

Phone: (916) 971-5066  
Level: 5,6,7,8,9,10,11,12

Encina High School   
1400 Bell St., Sacramento, CA 95825

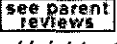
Phone: (916) 971-7538  
Level: 9,10,11,12

La Entrada Continuation High School   
5320 Hemlock St., Sacramento, CA 95841

Phone: (916) 971-7590  
Level: 10,11,12

La Vista Center   
9601 Lake Natoma Drive, Orangevale, CA 95662


Phone: (916) 986-2269  
Level: 7,8,9,10,11,12

Mesa Verde High School   
7501 Carriage Drive, Citrus Heights, CA 95621

Phone: (916) 971-5288  
Level: 9,10,11,12

Mira Loma High School   
4000 Edison Ave., Sacramento, CA 95821

Phone: (916) 971-7465  
Level: 9,10,11,12

Options For Youth-San Juan Charter School   
6110 Fair Oaks Blvd., Suite E, Carmichael, CA 95608

Phone: (916) 485-5484  
Level: 7,8,9,10,11,12

Palos Verde Continuation School   
7501 Carriage Dr., Citrus Heights, CA 95621

Phone: (916) 971-5291  
Level: 9,10,11

<u>Richardson (Ralph) Center</u> <a href="#">rate this school</a> 4848 Cottage Way, Carmichael, CA 95608	Phone: N/A Level: KG,1,2,3,4,5,6,7,8,9,10,11
<u>Rio Americano High School</u> <a href="#">see parent reviews</a> 4540 American River Dr., Sacramento, CA 95864	Phone: (916) 971-7494 Level: 9,10,11,12
<u>Ruff (Laurel) Center</u> <a href="#">rate this school</a> 5325 Garfield, Sacramento, CA 95841	Phone: N/A Level: KG,1,2,3,4,5,6,7,8,9,10,11
<u>San Juan Choices Charter School</u> <a href="#">rate this school</a> 2220 Watt Ave. Bldg. C, Carmichael, CA 95608	Phone: (916) 575-1935 Level: 7,8,9,10,11,12
<u>San Juan High School</u> <a href="#">see parent reviews</a> 7551 Greenback Lane, Citrus Heights, CA 95610	Phone: (916) 971-5112 Level: 9,10,11,12
<u>Sierra Nueva High (Continuation)</u> <a href="#">rate this school</a> 1400 Bell St., Carmichael, CA 95825	Phone: (916) 971-7015 Level: 9,10,11,12
<u>Valley Oaks</u> <a href="#">rate this school</a> 3555 Auburn Blvd., Sacramento, CA 95821	Phone: (916) 482-7757 Level: KG,1,2,3,4,5,6,7,8,9,10,11
<u>Via Del Campo Continuation High School</u> <a href="#">rate this school</a> 4925 Dewey Dr., Fair Oaks, CA 95628	Phone: (916) 971-5666 Level: 9,10
<u>Visions In Education</u> <a href="#">see parent reviews</a> 4800 Manzanita Ave., Carmichael, CA 95608	Phone: (916) 971-7037 Level: KG,1,2,3,4,5,6,7,8,9,10,11

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<u>Options For Youth-San Juan Charter School</u> <a href="#">rate this school</a> 6110 Fair Oaks Blvd., Suite E, Carmichael, CA 95608	Phone: (916) 485-5484 Level: 7,8,9,10,11,12
<u>San Juan Choices Charter School</u> <a href="#">rate this school</a> 2220 Watt Ave. Bldg. C, Carmichael, CA 95608	Phone: (916) 575-1935 Level: 7,8,9,10,11,12
<u>Visions In Education</u> <a href="#">see parent reviews</a> 4800 Manzanita Ave., Carmichael, CA 95608	Phone: (916) 971-7037 Level: KG,1,2,3,4,5,6,7,8,9,10,11

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# Citrus Heights Restaurants



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The following is the list of all Citrus Heights  
Restaurants.

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W X Y Z ALL**

### Name

#### STARBUCKS

( 916 ) 727 - 1495

7301 GREENBACK LN BLDG B CITRUS HEIGHTS, CA 95621

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#### STARBUCKS

( 916 ) 728 - 1587

6121 SUNRISE BLVD CITRUS HEIGHTS, CA 95610

**INFO Map It E-Mail a Friend Coffee House Owners**

#### STARBUCKS

( 916 ) 721 - 4202

7801 GREENBACK LN CITRUS HEIGHTS, CA 95610

**INFO Map It E-Mail a Friend Coffee House Owners**

#### STARBUCKS

( 916 ) 728 - 1587

6109 SUNRISE BLVD CITRUS HEIGHTS, CA 95610

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#### STUART ANDRSNS BLCK ANG 1018

( 916 ) 726 - 3300

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7925 GREENBACK LN CITRUS HEIGHTS, CA 95610

**INFO Map It E-Mail a Friend Restaurant Owners****SUBWAY**

( 916 ) 721 - 4100

6456 TUPELO DR STE A1 CITRUS HEIGHTS, CA 95621

**INFO Map It E-Mail a Friend Restaurant Owners****SUBWAY**

( 916 ) 965 - 7650

7809 MADISON AVE CITRUS HEIGHTS, CA 95610

**INFO Map It E-Mail a Friend Restaurant Owners****SUBWAY**

( 916 ) 721 - 8200

7340 GREENBACK LN CITRUS HEIGHTS, CA 95621

**INFO Map It E-Mail a Friend Restaurant Owners****SUBWAY**

( 916 ) 721 - 7080

7800 SUNRISE BLVD STE 3 CITRUS HEIGHTS, CA 95610

**INFO Map It E-Mail a Friend Restaurant Owners****SUNDANCE DELI & BAR**

( 916 ) 962 - 1666

5430 SUNRISE BLVD CITRUS HEIGHTS, CA 95610

**INFO Map It E-Mail a Friend Restaurant Owners****SUNRISE - PANDA EXPRESS**

( 916 ) 966 - 5635

5871 SUNRISE BLVD CITRUS HEIGHTS, CA 95610

**INFO Map It E-Mail a Friend Restaurant Owners****SWEET SEASONS**

( 916 ) 728 - 2900

7601 SUNRISE BLVD STE 5 CITRUS HEIGHTS, CA 95610

**INFO Map It E-Mail a Friend Caterer Owners****TAQUERIA TEQUILA**

( 916 ) 722 - 3147

8493 AUBURN BLVD CITRUS HEIGHTS, CA 95610

**INFO Map It E-Mail a Friend Restaurant Owners****TERIYAKI LAND**

( 916 ) 729 - 3474

8136 AUBURN BLVD CITRUS HEIGHTS, CA 95610

**INFO Map It E-Mail a Friend Restaurant Owners****TERIYAKI PLATE**

( 916 ) 729 - 3437

6300 GREENBACK LN CITRUS HEIGHTS, CA 95621

**INFO Map It E-Mail a Friend Restaurant Owners****TERIYAKI TO GO**

( 916 ) 965 - 0770

5439 SUNRISE BLVD CITRUS HEIGHTS, CA 95610

**INFO Map It E-Mail a Friend Restaurant Owners****TGI FRIDAYS**

( 916 ) 726 - 2112

6307 SUNRISE BLVD CITRUS HEIGHTS, CA 95610

**INFO Map It E-Mail a Friend Restaurant Owners**

**THAI CRUSTACEAN RESTAURANT**

( 916 ) 721 - 0378

7820 ZENITH DR CITRUS HEIGHTS, CA 95621

**INFO Map It E-Mail a Friend Restaurant Owners**

**TOGOS CITRUS HEIGHTS**

( 916 ) 727 - 6330

7301 GREENBACK LN BLDG C CITRUS HEIGHTS, CA 95621

**INFO Map It E-Mail a Friend Restaurant Owners**

**TOGOS EATERY**

( 916 ) 723 - 4413

8053 GREENBACK LN CITRUS HEIGHTS, CA 95610

**INFO Map It E-Mail a Friend Restaurant Owners**

**TOWN & COUNTRY CATERING**

( 916 ) 726 - 6788

7530 AUBURN BLVD CITRUS HEIGHTS, CA 95610

**INFO Map It E-Mail a Friend Caterer Owners**

**TUGBOAT FISH & CHIPS NO 7**

( 916 ) 726 - 7244

7135 GREENBACK LN CITRUS HEIGHTS, CA 95621

**INFO Map It E-Mail a Friend Restaurant Owners**

**UPI ENTERPRISES**

( 916 ) 967 - 6267

6105 SUNRISE BLVD CITRUS HEIGHTS, CA 95610

**INFO Map It E-Mail a Friend Restaurant Owners**

**V UVAROV HEATING & AIR**

( 916 ) 722 - 2136

7224 MANDARIN CIR CITRUS HEIGHTS, CA 95610

**INFO Map It E-Mail a Friend Restaurant Owners**

**VALENCIA'S CARNICERIA TAQUERIA**

( 916 ) 729 - 2926

8040 GREENBACK LN STE B CITRUS HEIGHTS, CA 95610

**INFO Map It E-Mail a Friend Restaurant Owners**

**WASABI HOUSE YA**

( 916 ) 729 - 2121

8031 GREENBACK LN CITRUS HEIGHTS, CA 95610

**INFO Map It E-Mail a Friend Restaurant Owners**

**WONDERFUL CHINESE RESTAURANT**

( 916 ) 725 - 8888

7042 SYLVAN RD CITRUS HEIGHTS, CA 95610

**INFO Map It E-Mail a Friend Restaurant Owners**

**WONG'S GARDEN RESTAURANT**

( 916 ) 961 - 9381

6713 DUNMORE AVE CITRUS HEIGHTS, CA 95621

**INFO Map It E-Mail a Friend Restaurant Owners**

**WOODYS FISH & CHIPS N' MORE**

( 916 ) 728 - 6886

7800 SUNRISE BLVD CITRUS HEIGHTS, CA 95610

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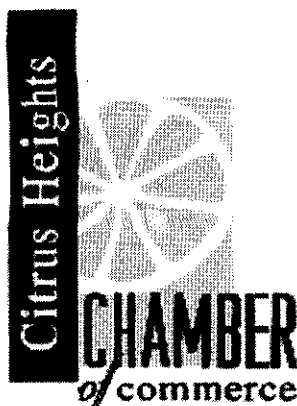



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### A

<b>1st Option Mortgage, Inc.</b>	<b>735-5626</b>
<b>A1 Transmission Service Center</b>	<b>723-6061</b>
<b>A &amp; \$ Cleaners</b>	<b>723-1151</b>
<b>A-1 Janitorial Supply</b>	<b>969-9999</b>
<b>A-Tech Mortgage</b>	<b>735-0200</b>
<b>A Applied Mailing Service</b>	<b>721-7162</b>
<b>A Better You Electrolysis</b>	<b>224-4247</b>
<b>A Positive Resolution</b>	<b>967-4373</b>
<b>Act 1 Personnel Services</b>	<b>728-2281</b>
<b>ACT Financial Planning</b>	<b>722-1182</b>
<b>Advent Lutheran Church</b>	<b>966-7242</b>
<b>Advance America</b>	<b>727-1220</b>
<b>Ali Lassen's Leads Group</b>	<b>864-8616</b>
<b>All Awards</b>	<b>729-0505</b>
<b>All Star Printing</b>	<b>726-3311</b>
<b>All Valley Home Loans, Inc.</b>	<b>671-1106</b>
<b>Alpha Staffing, Inc.</b>	<b>782-5627</b>
<b>Americal Printing</b>	<b>331-8736</b>
<b>American Cancer Society</b>	<b>446-7933</b>
<b>American International Mortgage, Inc.</b>	<b>729-5626</b>
<b>American River College</b>	<b>484-8175</b>
<b>American Town Mailer</b>	<b>294-9991</b>
<b>Ames-Grenz Insurance Services</b>	<b>486-2900</b>
<b>Antelope Dental</b>	<b>726-2973</b>
<b>Arcade Creek Manor</b>	<b>721-1172</b>
<b>Aric's Java Cafe</b>	<b>726-5282</b>
<b>Arlington Heights Elementary School</b>	<b>971-5234</b>
<b>Arista Preschool</b>	
<b>AT&amp;T Wireless</b>	<b>965-8912</b>
<b>Atlas Disposal Industries, LLC.</b>	<b>737-0100</b>
<b>Atlas Hearing Aid Services</b>	<b>725-0222</b>
<b>Azteck Systems</b>	<b>728-2010</b>



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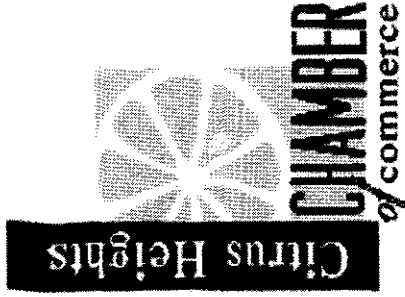

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B & B Tax Consulting Services	722-3036
Baby Boomer Review	383-7254
Balloon Lady of Sacramento, The	803-7247
Ballyhoo Promotions	721-7358
Bank of America-Sunrise Center	861-9889
Barnes Personnel	965-6111
Bauer's San Juan Car Wash	967-3083
Bencivengo's Union 76	723-7600
Best Buy for Business Citrus Heights	727-3916
Best Western Roseville Inn	782-4434
BFI Waste Systems	631-0600
Big O Tires	726-3313
Bill & Jim Cook, Inc.	725-0198
Bischoff's Medical Supplies	721-1060
BloodSource	456-1500
Bob's Roseville Car Wash	773-0500
Bowler's Workshop	727-3020
Bradley S. Nydegger	729-5849
Brekke & Angerer, Law Office	725-2124
Bright Beginnings/Briefcase Connections	967-7039
Brooks Chiropractic	782-4440
Buckley-Parnell Heat & Air	348-3181
Burger King #1682	726-5660
Burriss Bookkeeping & Tax Service	725-8200
Business Improvement Network	783-0952
Business Network International	628-7553
Byerly Insurance Services of California	966-2019



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C & M Mortgage	965-3101
Cafe of Life Chiropractic	721-9129
Cal State Roofing	349-7541
California Family Fitness	987-2030
California Federal Bank	965-7615
California Home Loans	722-4102
Cam Ranh Bay Asian Cuisine	726-2288
Capital City Ventures/Nextel	726-9600
Capital Management Associates	726-0380
Capital Nursery	961-9100
Capital Transmission Service Center, Inc.	969-0194
Capitol Mechanical	722-5451
Captiol NEON	349-1800
Car Czar Auto Repair, The	727-2927
Cardservice International-1st Interstate	725-8245
Care Entree	681-6731
Carl's Jr., #7051	725-2521
Carmichael Honda	969-6151
Carmichael Oaks Senior Living	944-2323
Carter & Zielke, CPA	965-4884
CCHAT Center	361-7290
Century 21 All Professional	482-0244
Century 21 Select Real Estate, Inc.	536-4200
Century Capital Insurance	771-7410
Champion Awards Enterprises	985-0434
Chipolte Mexican Grill	967-7881
Cianci, Vincent J., OD	483-6661
Cindy L. Interior Design	524-2722
Cingular Wireless	962-2727
Citibank	965-7615
Citrus Heights Beauty College	725-6861
Citrus Heights Chamber of Commerce	722-4545

Citrus Heights Dental Office		723-6900
<b>Citrus Heights Dolphins Youth Football &amp; Cheer</b>		<b>726-3383</b>
Citrus Heights Family Values Magazine		764-2883
Citrus Heights Pet Hospital		725-2700
Citrus Heights Police Service Center		727-4786
Citrus Heights Post Office		725-1457
Citrus Heights Preschool, Inc.		726-1550
Citrus Heights Saw & Mower		722-2825
Citrus Heights Terrace		727-4400
Citrus Heights Water District		725-6873
City of Citrus Heights		725-2448
City Times, The		725-4600
Class Act Plumbing, Heating & Air, Inc.		966-4565
Cochrane's Chapel of the Roses		783-7171
Coldwell Banker		536-5211
Coldwell Banker-Karen Bartlett		536-5222
Coldwell Banker- Les Boomer		536-5200
Coldwell Banker-Mary A. Collins		991-1739
Coldwell Banker-Spencer L. Mills		774-9285
Comcast Advertising Sales		967-7881
ComForCare Senior Services		784-9233
Comprehensive Consulting		722-1040
Continental Training Center		735-5515
Cookie Lee by Terri Nicholson		849-9854
Cooperman, Frank		722-2777
Costco Wholesale - Citrus Heights		728-1414
Countrywide Home Loans		965-1813
Cramer & Associates Accountancy Corporation		864-4272
Creations for Comfort		722-7606
Creative Copy		725-2679
Creative Frontiers Elementary & Preschool, Inc.		723-2500
Creekside Dental Care		959-4777
Creekside Medical Group Physicians		722-4565
Crossroads Janitorial		729-7748
Crosswood Oaks Retirement Community		969-6161
Cruises Etcetera		721-9202
Curves for Women-Citrus Heights		729-2878
Custom Product Manufacturing		725-2276
Cuts Fitness For Men - Sunrise		864-0086
Cycle Sorcery		723-7433
Cypress Gardens at Citrus Heights		729-2722

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**D**

DLH Processing	726-7114
Davis & Davis	223-4432
Delta Restaurants-Bar Equipment & Party Rentals	485-8111
Dimple Records	725-2600
Donaldson CAD/CAM	727-1117
Don's Wheel Estate, Inc.	969-1107
Doolittle, John T. - Congressman	786-5560
Dragon Buffet	725-1984

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**E**

Eagle Signs & Graphics	728-1661
Earth Guard Pest Services	338-7075
East Lawn Mortuary/Sierra Hills Memorial Park	732-2020
EDF Resource Capital, Inc.	962-3669
Edward Jones Investments-John Lucero	966-2600
Edward Jones Investments-Lisa Sylvester	722-4682
El Coyote Junction	726-1102
El Dorado Savings Bank	729-1100
El Pollo Loco	725-4700
Elephant Bar Restaurant	961-3628
Elite Limo	813-1953
ENJO California	967-1899
Erica's Cafe	728-7285
Eskaton Moving Connections	334-1072
Everlast Professional Dental	726-1819
Expanded Mortgage Credit	636-1800
Extraordinary Pet Services	849-9050

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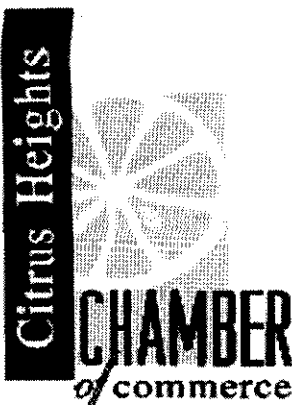
### F

Fabrication Design by J & S Alliance	728-7110
Face2Face Power Marketing	723-4467
Families United, Inc.	863-5457
Federal Technology Center, The	334-9308
Finnell Chiropractic & Wellness Center	989-1014
Fireside Lanes	725-2101
Firestone Tire & Service Center.	726-4036
1st Option Mortgage, Inc.	735-5626
First Baptist Church	725-0583
FirstLine Inc.	679-2727
Flash Courier Service	984-4930
Flowers Etc.	723-6262
Fluffy's New & Previously Owned Fashions	484-3000
Food 4 Less	910-1100
Forbes Realty, A	969-5557
Foresters	789-8880 ext. 14
Fountain Square Dentistry	726-2883
Foxborough Apartments	729-3520
Fred Meyer Jewelers	723-6699
Fritz, Marcia L., CPA	966-9366

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### G

Gene Holmes General & Roofing Contractor	961-9522
Gentle Touch Pet Salon	725-3647
Giselle's Travel	961-5500
Golden 1 Credit Union	863-2101
Golden Valley Charter School	725-1398
Goldrush Getaways	722-1648
Gottlieb Chiropractic	965-7155
Greater Sacramento Small Business Development Center	563-3210
Green, Heather, CMT-Esthetician	719-7310

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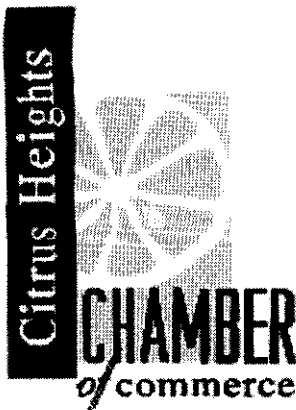
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## H

H M K Insurance	782-2020
HC Bodyworks	719-7310
Hadley, Marcus J.	536-5200
HalcyonFinance Company	361-2966
Hampton Financial Consultants	726-2204
Harris Industrial Gases	725-2168
Hart's Vending	337-2246
Healing Arts Institue	725-3999
Health Enhancements	961-4569
HeartLight Massage	961-8872
Help-U-Sell Sunrise	725-3650
Heritage Community Credit Union	364-3060
Heritage Inn Express	782-4466
Hot Dots Screenprinting & Embroidery	858-8154
Hoyt Company, The	448-2440
Hughes, Helen	726-5861
Hughes, William	726-6548
Hutchison Financial Group	780-3344

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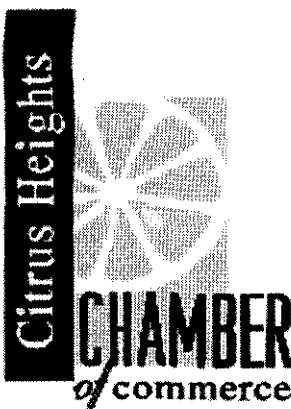
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### I

I R Group Companies	721-5511
In The Tropics Tanning & Smoothies	723-TANS (8267)
InfoPros	725-5558
Integrated Financial & Insurance Services	569-3920
Inter-Cal Real Estate	489-4600
Interstate Print Solutions	921-5000
Ira Warren Einhorn, CPA	721-HELP
Izumi Sushi	961-6992

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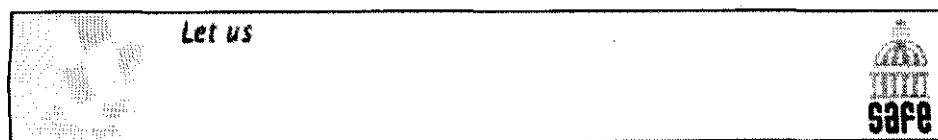
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**J**

J & W Auto Wreckers	723-3950
JBR Financial	961-1879
Jack In The Box	632-8247
Jackson Hewitt Tax Service	721-0200
Jimboy's Tacos	961-8260

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**K**

K. Walker Photography, Inc.	989-3190
KFC	726-1891
Kaiser Permanente	784-5956
Karsan's Elliott's Natural Foods	726-3033
Keller Willaims Real Estate	788-8822
Keller Willaims Realty	244-8409
Kentucky Fried Chicken and A&W	723-8818
Keys Plus Antelope	722-2425
Kinko's	961-0261
Kniesel's Auto Body	725-1777
Kniesel's Automotive, Inc.	722-1751
Kovar's Karate Center	481-4830
Krispy Kreme Doughnuts	721-3739

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## L

La Bou	961-6498
La Placita Dos Mexican Restaurant	728-1382
LANS Marketing	203-3921
Lart's Chevron Service	725-2773
LasikPlus Vision Center	781-0160
Leatherby's Family Creamery	729-4021
Leisure Time Pool & Spa Supply, Inc.	745-0300
LeMay Chiropractic Family Health Center	978-2746
Les Schwab Tire Center-Auburn Blvd.	728-2223
Les Schwab Tire Center-Greenback Lane	727-2600
Liberty Tax Service	728-4TAX
Libra Communications	961-6258
Lincoln Media Group	645-9060
Lindan Service Corporation	725-0866
Linhart, Petersen, Powers Associates	725-4200
Linmoore Fencing & Iron Works, Inc.	725-4321
Lockhart Family Chiropractic	349-2612
Longs Drug Store	726-4433
Louise Mitchell CMT & Yoga Instructor	729-0103
Lowe's of Citrus Heights	728-7800
Lucky Derby Casino	726-8946
Lunsford Consulting, LLC	725-1377
Lutheran Church of the Ascension	723-5223
Lyon Real Estate	536-3900

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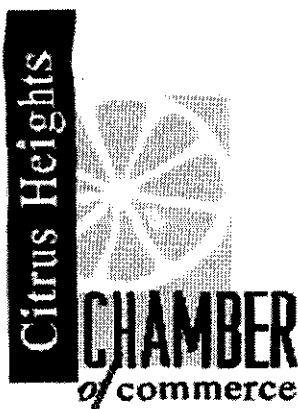
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## M

MCL Giant Tire Specialists, Inc.	723-8473
MacGlashan, Roberta	962-0896
Mac's Distributing Company	722-6227
Mail Boxes Etc. - Greenback	725-1345
Mandarich Developments	727-1800
Mann, Urrutia, Nelson, CPAs & Associates	774-4208
Manpower Temporary Services	781-2322
Mantis Productions, LLC	729-1180
Mar, Dr. Albert	726-2010
MarComm Consulting	723-5014
Margaret Briem	723-8887
Marketplace at Birdcage Mgmt. Office	966-2180
Mary Kay Cosmetics-Kim Brand	721-3497
Mary Kay Cosmetics - Roberta Sallustio	723-7726
Math Masters Learning Centers	725-6284
Max Muscle	729-8160
McGee's Grill	966-1364
MCI WorldCom Wireless	717-5928
McNellis Partners, LLC.	436-2500
Melaleuca	722-8849
Men's Wearhouse	969-5300
Mercy San Juan Medical Center	537-5244
Merrill Gardens at Citrus Heights	725-7418
Mesa Verde High School - SJUSD	971-5288
Meserve Graphics & Design	276-5504
MetroPCS, Inc.	984-2651
Meyers, Nave, Riback, Silver & Wilson	556-1531
MHS Marketing Communications	697-8686
Miles Law Firm, The	973-9674
Mindsync Corporation	772-2523
Mision Rogelio	965-0574
Mitchell, Ted	721-4050

Monica Colomy at Greentaire Salon	961-3894
Mortgage First	225-5730
Motivate USA	410-0599

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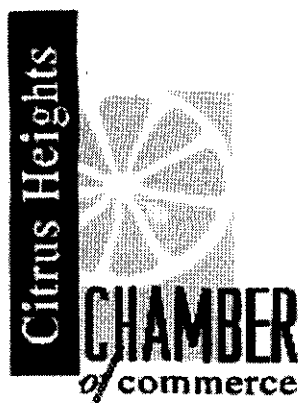
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### N

National Career Education	969-4900
National Self Storage	721-54
Naverette Consulting Group, Inc.	492-8273
Network Professionals of Citrus Heights	355-8553
Niello BMW	486-1011
Niello, Roger - Sac. Co. Supervisor	874-5491
Nicholas Productions	729-2028
Nimbus Winery	985-8100
Nix Boutique	722-0628
Norca Army Navy	727-2769

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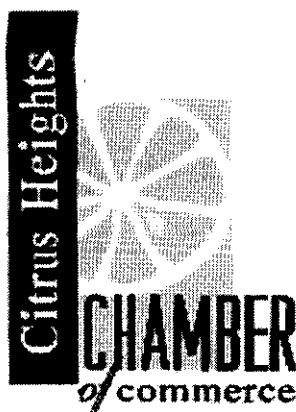
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### O

Oak Creek Apartments	722-3898
Ober Design Studio	967-5414
Olive Grove Suites	725-0100
Omni Concepts, Inc	721-1000
On The Go auto Glass	622-4346
Once Upon A Child	725-2525
Orchard Supply Hardware	864-4880
Ortiz, Deborah - Senator	961-1482
Oxford Suites	784-2222

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**Physical Address - 7115-A Greenback Lane, Citrus Heights, CA 95621**  
**916-722-4545 \* FAX: 916-722-4543**  
**e-mail - [chamber@chchamber.com](mailto:chamber@chchamber.com)**

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**P**

Pacific Municipal Consultants	361-8384
Pancho's Tailoring	721-1426
Paradigm Sports Club at Willow Creek	961-6171
Paradise Oaks Youth Services	967-6253
Paragon Mortgage Bankers	804-7825
Parisi Insurance Services	481-6534
Parker B. Mah Chiropractic Corp.	791-7313
Pastor Auto Care Inc/Ryder Truck Rental	723-1200
Patelco Credit Union	863-2878
Patterson Properties, Inc.	797-3033
Pelliccione, Harry	725-1387
PennySaver	636-2231
PHARMANEX	212-0797
Phoenix Casino & Lounge	334-4225
Postal Annex	349-2444
Positive Changes of Sacramento	965-1100
Poulson Arborists, Inc.	729-7485
Power Nutrition, Inc.	726-2444
Premier Computer Services	721-0249
Premier Rental and Purchase	722-4200
Pre-Paid Legal Services - Independent Associates	723-6358
Price Funeral Chapel	725-2109
PRIDE Industries	783-5266
Prizm Technologies	726-3620
Proforma Printnet	482-4244
Publish Now	723-4962
Purvis, Mary - Beauty Pageant Director	725-3824
Puthuff, Jim & Associates	780-1202



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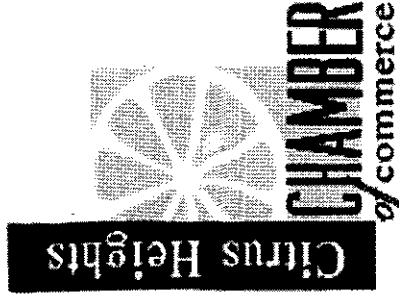
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## R

R.E. Happe & Associates	966-1730
Rainbow 1 Hour Photo & Imaging	961-1119
Raley's Superstores	969-4686
Ranch Motel	725-2901
REACH	726-5730
RealCare	924-9111
Realty World Connection	728-7162
Red Lobster	726-6694
Red Robin Restaurant	726-7792
Red Wing Shoes	969-7463
Regency Plaza Executive Offices	735-3500
Regional Publications	321-1401
Register Tape Network/FanFare Media	508-2070
Regules Chiropractic	962-2225
Reichert's Funeral and Cremation Services	729-2229
Re/Max Professionals	786-0777 x 130
R-internet, Internet Service Provider	800-530-3277
Rip It Computer Corporation	962-7050
River City Bank	863-2265
Robertson Insurance Services	974-1838
Robinson's Taekwondo	481-6815
Rose Construction	722-7093
Roseville Bank of Commerce	722-7566
Roseville Long Distance Company	786-1586
Roseville Telephone Company, A SureWest Company	786-4191



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**S**

SB Financial	722-2191
Sacramento Association of Realtors	922-7711
Sacramento Balloons	331-0131
Sacramento Bee, The	321-1000
Sacramento Business Journal	447-7661
Sacramento Business Resource Center	361-8181
Sacramento Co. Dept. of Human Assistance	962-7615
Sacramento County Dept. Waste Management & Recycling	875-6789
Sacramento Local Conservation Corps.	386-8394
Sacramento Metro Fire District	566-4000
Sacramento Money Coach	726-4851
Sacramento Municipal Utility District	732-6144
Sacramento Regional Transit District	321-2989
Sacramento Urban League	286-8600
Sacramento Works Career Center - Citrus Heights	676-2540
SAFE Credit Union	971-2260
SAFE Financial Services	971-2863
Safeway Inc.	727-2424
Salishan Apartments	726-6300
Sam & Cins 7440 Club	726-4389
Sam's Club-Citrus Heights	721-6499
San Juan High School, SJUSD	971-5113
San Juan Teachers Association	487-7582
Sandberg & Lo Duca	774-1636
Scordakis, Peter, D.M.D.	363-2374
Scott & Baldwin, CPAs, APC	722-2524
Scraps Dog Bakery & Nutrition Center	966-2636
Scribe At Your Service	725-3933
Sears Product Repair Services	537-5507
Sense, Zezoff & Company	969-1660
SETA/Sacramento Works!	263-3742
Shallbetter, Karl	530-467-5407

Shorebird at River Bend	768-8937
Show Off Promotions	532-3583
Sides Accountancy Corporation	965-8501
Sierra Central Credit Union	677-1122
Sierra Pacific Bath & Kitchen, Inc.	729-6400
Sierra Spring Water Company	383-7873 x311
Signs In 1 Day!	334-3319
Simon Construction	782-6091
Simon's Coffee House	947-7446
Six Thousand Sixty Building	969-6060
Skip The Hassle-Mobile Notary Service	768-4072
Smith & James CPAs	961-9660
Spagnoli Financial Group, The	723-2300
Spiritus/PrimeSTAFF	925-7823
Sportsmans Pub & Grub	967-5464
Sprint PCS	721-4727
Stanford Mortgage	536-4100
Staples, Inc.	722-1011
State Farm Insurance	967-6677
State Farm Insurance - Kyle Middleton,	728-5953
Sterling Business Concepts, Inc.	728-4832
Steve Miller Construction Consultant	532-3007
Storage USA	332-7368
Straub of California Advertising Specialties, LLC	727-3502
Strauch's ARCO Station	723-8550
Stuart Anderson's Black Angus	726-3300
Suburban Auto Body, Inc.	349-0449
SUDS-Sacramento Ultimate Detailing Service	989-SUDS (783
Suicycle Xtreme	726-3366
Summerfield Place Apartments	966-0458
Sun Oak Assisted Living	722-2800
Sunrise Childrens Learning Center	723-3402
Sunrise Chiropractic	727-6400
Sunrise Creek Apartments	729-5542
Sunrise Dental Plaza	962-9245
Sunrise Fun Center	729-0261
Sunrise Mall	961-7150
Sunrise MarketPlace	966-3615
Sunrise Recreation & Park District	725-1585
Sunrise Touchless Car Wash	723-9274
Sunrise Village Investors	614-8796
Sun River Mortgage, Inc.	728-1232
Supplemental Healthcare	961-6102



<a href="http://Supplypath.com">Supplypath.com</a>	223-3133
<b>SureWest</b>	<b>786-4375</b>
Sweet Season Cakes, Etc.	728-2900
Sylvan Cemetery	725-3406
Sylvan Oaks Christian Church	726-2100
Sylvan Oaks Library	867-2212

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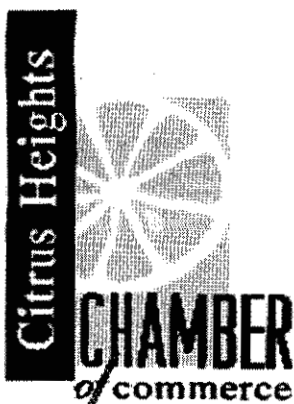
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**T**

TNT Motorsports	729-1400
Taco Bell #3036	967-2355
Tahoe Casino Company	965-8301
Taka's Sushi	961-2118
Tax & Financial Professional Center, Inc.	782-2880
Tax Office, The	944-3925
Team LeFave	729-3793
Thrift & Treasures of Stanford Home	344-0199
Togo's-Greenback Square	723-4413
Tony Rego Insurance	726-4688
Total Care Veterinary Hospital	725-2200
Total Golf Discount	722-8822
Total Vision Care	768-2933
Town & Country Interiors	773-1909

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### U

U.S. Bank	726-2536
Ultimate Way, The	705-0169
Umbach Consulting	733-2159
Union Bank of California	965-3333
United Way California Capital Region	856-3967
University of Phoenix	783-4886

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### V

Vacation Promotions	308-3533
Valley Yellow Pages	726-7888
Val-Pak of North Central California	925-2461
Val-Pak of Sacramento	797-5550
Veterans of Foreign Wars - Citrus Heights Post 5991	725-6122
Vice's Collision Repair	726-2511
The Village at Granite Bay	789-0326
Vintage Oaks Apartments	723-2444
Visual Advantage, Inc.	331-8736

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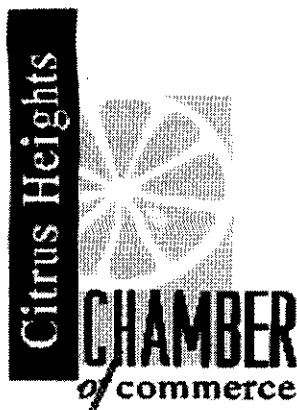
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## W

WSI Internet Consulting & Education	505-7568
Waggin' Tails Day Care	247-9361
Walker, William A., Attorney At Law	535-7526
Wallpaper Express	722-1240
Walt's Auto Service	721-7424
Washington Mutual Bank	726-2429
Washington Mutual Bank	966-9112
Washington Mutual Bank-Sunrise	863-2750
Washington Mutual Finance	722-2239
Waste Management	387-1400
Weekenders	966-1355
Weingarten Realty	727-1005
Wells Fargo Bank	440-4260
West One Insurance Services	723-2929
Western Health Advantage	614-6009
Williams & Paddon Architects & Planners, Inc.	786-8178
Winding Commons Seniors Residence	485-0100
WonderAgents	276-6464
World Savings	969-1497
WorldWide Wood/R-internet, Internet Services	1-800-530-3277

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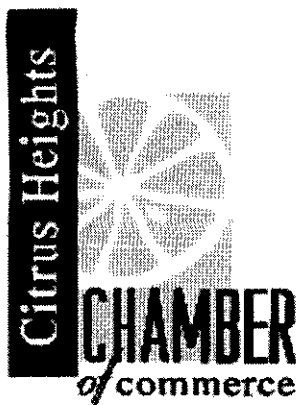
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Y

Y & P Financial	223-6987
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Zamboni's Connections	722-6737
Zorich Chiropractic	784-9584

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## Citrus Heights Teen Unity Team

*Promoting the welfare of teens and seniors  
together in the community.*

**Teen  
&  
Senior  
Unity  
Center**

**MOVING FROM AUBURN BLVD VERY SOON!  
CENTER OPEN ONLY FOR SOME SENIORS TO FINISH THEIR CLASSES.  
Business will go on as usual but from another location. More details later.**

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▼ Board of Directors

▼ Our Focus

▼ Mission Statement

▼ Accomplishments

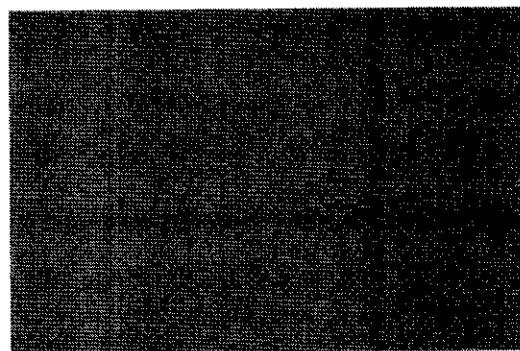
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▼ Fundraisers

▼ Center Nominated

▼ Supporters

▼ Volunteer Opportunities



**PLEASE SUPPORT OUR NON-PROFIT ORGANIZATION  
YOUR DOLLARS ARE NEEDED.**

**Please call us right now - (916) 721-0682**

**or mail your check to:**

**Teen & Senior Unity Center**

**PO Box 7498**

**Citrus Heights, CA 95621**

***Thank you!***

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▼ Photo Gallery

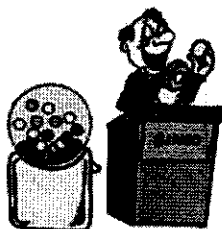
▼ Programs/Projects

▼ Senior Highlights

▼ Teen Highlights

▼ Olympic Torch

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**Do you like Bingo? We could  
use some adult volunteers to  
help us on Bingo days! To find  
out more information on how  
you could help, call us and ask  
for Carol. Thank you!**

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**Volunteers are very special people!  
If you have time to be a volunteer contact us today!  
Ph: 916 721-0682**





## **Citrus Heights Teen Unity Team**

*Promoting the welfare of teens and seniors  
together in the community.*

**Teen  
&  
Senior  
Unity  
Center**

### **About Us**

In 1997, due to a lack of programs servicing teenagers within our community, Teen Unity Team was formed by teens for teens.

Just prior to our inception, the Citrus Heights community voted to incorporate and become a city. With this new found city our youth, for the first time, were feeling the effects of a very efficient new law enforcement. Parents were concerned their children were responding negatively toward the law enforcement. Thus, a small group of parents encouraged the teens to challenge the police to a softball game to build a better relationship. This was a great success!

While parents continued their search for teen programs, the teens were planning more activities. These activities largely were held at local parks, in resident garages and at kitchen tables. A city councilman suggested that we seek a nonprofit status to assist with funding for our programs. So in 1997 the Citrus Heights Teen Unity Team received its 501C3 status.

As our programs grew, so had the participation and new ideas. In 1999 we began our search for a facility to present our programs. After a year of many rejections we were successful in finding a 7,000 square foot facility that needed major renovation to turn it into a teen center.

While maintaining our focus on youth, we began to find that we were providing senior citizens an increased purpose in their lives as they began to rally on behalf of the teens. Then with the help and commitment of the business community and local residents we set out to convince the city to approve our idea and commit to helping us get started. On July 20, 2002 the Citrus Heights Teen Unity Team had its grand opening as the new "Teen & Senior Unity Center".

Currently the center is run solely by volunteers and thanks to community donations and city funding we are able to continue offering many programs to benefit the teens and seniors.

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## Citrus Heights Teen Unity Team

*Promoting the welfare of teens and seniors  
together in the community.*

Teen  
&  
Senior  
Unity  
Center

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### MISSION STATEMENT

To implement teen ideas into educational and charitable programs and events that will bring positive activities for teens into our community.

To encourage positive relations and unity by working with and through all aspects of our community.

### PURPOSE

Due to a lack of programs serving teenagers within our community, our center was born and opened by community teens and parents. In the beginning our goal was to provide programs for teenagers and to give them a safe, supervised environment where they could go after school. But since that time in 2002, our program expanded to reach out to the senior citizens as well.

Today we offer socialization, education, and support for both young adults and seniors. Our concept is of a new idea that continues to grow and blossom in many directions. While maintaining our focus on the youth we are providing senior citizens a purpose and a place where they could meet new friends.

We provide the parents the comfort in knowing that while they are at work their teenagers are safe and in a good place. We fill the needs that teens have for socializing, we give them support and guidance while having fun at the same time and at little or no cost to the family. We extended our services to include art, fitness, computers, counseling programs, self-help programs, recreation and youth community service projects.

In addition, we provide space for other service organizations, youth and family programs that are in need of a home without the pressures associated with the high cost of leasing. We have become a family in that we all bear the costs of running the facility as each program contributes what it can. Working together this way helps to provide an even greater number of services to our youth, seniors and families.

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